



How to Identify Hazing

What to watch and listen for to know when someone is being hazed

What is hazing?

Hazing is any activity expected of someone joining or participating in a group that humiliates, degrades, abuses, or endangers them regardless of a person's willingness to participate.^{1,2}



HUMILIATION, ROAST NIGHTS, OR WEARING EMBARRASSING CLOTHING



? BEING TAKEN TO & LEFT AT AN UNKNOWN LOCATION



SLEEP DEPRIVATION AND BEING WOKEN UP IN THE NIGHT

EXPECTING ITEMS TO ALWAYS BE IN ONE'S POSSESSION



THREATS, IMPLIED THREATS, VERBAL ABUSE & ASSIGNING DEMERITS



WATER INTOXICATION OR FORCED INGESTION



DRINKING LARGE AMOUNTS (BOTH ALCOHOLIC & NA)



WATCHING OR PERFORMING LIVE SEX ACTS

MAKING PRANK CALLS OR HARASSING OTHERS



What are the signs?

Below are **some** "red flags" to look for may indicate that a person has experienced hazing.



CHRONIC FATIGUE



UNUSUAL PHOTOS POSTED ON SOCIAL MEDIA



DISRUPTED PATTERNS OF BEHAVIOR OR COMMUNICATION

SKIPPING CLASSES, CHANGE IN GRADES, NOT COMING HOME, NOT EATING MEALS AS USUAL, CHANGE IN PERSONAL HYGIENE, ONLY ASSOCIATING WITH CERTAIN PEOPLE.



DESCRIBING HAZING ACTIVITIES, BUT REFERRING TO THEM AS "TRADITIONS" OR "INITIATIONS."



CONCERN EXPRESSED FROM OTHERS



SYMPTOMS OF DEPRESSION

How can I report it?

Each school and institution has its own process for reporting hazing. Below are a few examples of who you might contact for support.



CAMPUS/SCHOOL PROFESSIONAL, COACH PROFESSOR, ADVISOR, TEACHER, ETC.



DEAN OF STUDENTS OR ADMINISTRATION MEMBER

HEALTH SERVICES OR SCHOOL NURSE



PARENT, TRUSTED ADULT, RESIDENCE HALL DIRECTOR



CAMPUS SAFETY OR LOCAL LAW ENFORCEMENT

Sources:

1. Allan, E. J. Madden, M. (2008) Hazing in view: College students at risk initial findings from the national study of student hazing. <https://stophazing.org/research/national-hazing-study-hazing-in-view/>
2. Hoover, N. (1999). National survey of sports teams: Initiation rites in athletics for NCAA sports teams.
3. StopHazing Research Lab. (2020, December). <https://www.stophazing.org/research>
4. Hazing: The Issue. StopHazing Consulting. <https://www.stophazing.org/issue>

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What is hazing?

Hazing is any activity expected of someone joining or participating in a group that humiliates, degrades, abuses, or endangers them regardless of a person's willingness to participate.

- Humiliation, roast nights, or wearing embarrassing clothing
- Being taken to & left at an unknown location
- Sleep deprivation and being woken up in the night
- Expecting items to always be in one's possession
- Threats, implied threats, verbal abuse & assigning demerits
- Water intoxication or forced ingestion
- Drinking large amounts (both alcoholic & NA)
- Watching or performing live sex acts
- Making prank calls or harassing others

What are the signs?

Below are some "red flags" to look for may indicate that a person has experienced hazing.

- Chronic fatigue
- Unusual photos posted on social media
- Disrupted patterns of behavior or communication
 - Skipping classes, change in grades, not coming home, not eating meals as usual, change in personal hygiene, only associating with certain people
- Describing hazing activities but referring to them as "traditions" or "initiations."
- Concern expressed from others
- Symptoms of depression

How can I report it?

Each school and institution has its own process for reporting hazing. Below are a few examples of who you might contact for support.

- Campus/school professional, coach professor, advisor, teacher, etc.
- Dean of students or administration member
- Health services or school nurse
- Parent, trusted adult, residence hall director
- Campus safety or local law enforcement

Sources:

1. Allen, E. J. Madden, M. (2008) *Hazing in view: College students at risk initial findings from the national study of student hazing*. <https://stophazing.org/research/national-hazing-study-hazing-in-view/>
2. Hoover, N. (1999). *National survey: Sports related hazing in athletics for NCAA sports teams*.
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