



Week 1

No events.

Week 2

TAKING BETTER NOTES (On Campus LLSS128)

Messy notes? Not sure what to write down? Writing everything down?

Explore different techniques, apps, and strategies for taking better, more efficient notes.

- **Tuesday, 9/3/2024 12:00-12:30 pm - A Refresher/Getting Started**
- **Wednesday 9/4/2024 12:00-12:30 pm - Tips & Styles**
- **Thursday, 9/5/2024 12:00-12:30 pm - There's an App for That**

Week 3

How to Study More Effectively (On Campus LLSS128))

Is studying for your classes driving you crazy?

Learn some effective study techniques along with some helpful tips for overcoming procrastination, so you can get the most out of your study time.

- **Tuesday 9/10/2024 12:00-12:30 pm - Let's Get Started: Organization and Procrastination**
- **Wednesday 9/11/2024 12:00-12:30 pm - Set Priorities, Make Goals and Avoid Distraction**
- **Thursday 9/12/2024 12:00-12:30 pm - Study Strategies and Techniques**

Week 4

Time Management Tips (On Campus LLSS128))

Never have enough time for studying?

Learn how you can balance work, college, and family obligations with strategies for scheduling and goal setting.

- **Tuesday 9/17/2024 12:00-12:30 pm – How to Be More Efficient with Your Time**
- **Wednesday 9/18/2024 12:00-12:30 pm – Setting Goals and Avoiding Procrastination**
- **Thursday 9/19/2024 12:00-12:30 pm – Strategies, PLRS system and Rewards**

Week 5

Test Prep (On Campus LLSS128)

Learn how to gather study materials and set a study schedule. Find out about common test errors and how to avoid them.

- **Tuesday, 9/24/2024 12:00-12:30 pm – Prep Strategies**
- **Wednesday, 9/25/2024 12:00-12:30 pm – Gathering Scheduling and Goals**
- **Thursday, 9/26/2024 12:00-12:30 pm – Common Test Errors**

Week 6

No events.

Week 7

Managing Testing Anxiety (On Campus LLSS128)

Midterms are just around the corner!

Learn how to prepare for your mid- term exams and strategies for managing test anxiety.

- **Tuesday 10/8/2024 12:00-12:30 pm – Finding Your Confidence**
- **Wednesday 10/9/2024 12:00-12:30 pm – Prep Is the Best Cure for Anxiety**
- **Thursday 10/10/2024 12:00-12:30 pm – Controlling Your Anxiety**

Week 8

No events.

Week 9

Taking Better Notes (On Campus LLSS128)

Messy notes? Not sure what to write down? Writing everything down?

Explore different techniques, apps, and strategies for taking better, more efficient notes.

- **Tuesday 10/22/2024 12:00-12:30 pm - A Refresher/Getting Started**
- **Wednesday 10/23/2024 12:00-12:30 pm - Tips & Styles**
- **Thursday 10/24/2024 12:00-12:30 pm - There's an App for That**

Week 10

How to Study More Effectively (On Campus LLSS128)

Is studying for your classes driving you crazy?

Learn some effective study techniques along with some helpful tips for overcoming procrastination, so you can get the most out of your study time.

- **Tuesday 10/29/2024 12:00-12:30 pm - Let's Get Started: Organization and Procrastination**
- **Wednesday 10/30/2024 12:00-12:30 pm - Set Priorities, Make Goals and Avoid Distraction**
- **Thursday 10/31/2024 12:00-12:30 pm - Study Strategies and Techniques**

Week 11

Time Management Tips(On Campus LLSS128)

Never have enough time for studying?

Learn how you can balance work, college, and family obligations with strategies for scheduling and goal setting.

- **Tuesday 11/5/2024 12:00-12:30 pm – How to Be More Efficient with Your Time**
- **Wednesday 11/6/2024 12:00-12:30 pm – Setting Goals and Avoiding Procrastination**
- **Thursday 11/7/2024 12:00-12:30 pm – Strategies, PLRS system and Rewards**

Week 12

Test Prep (On Campus LLSS128)

Learn how to gather study materials and set a study schedule. Find out about common test errors and how to avoid them.

- **Tuesday 11/12/2024 12:00-12:30 pm – Prep Strategies**
- **Wednesday 11/13/2024 12:00-12:30 pm – Gathering Scheduling and Goals**
- **Thursday 11/14/2024 12:00-12:30 pm – Common Test Errors**

Week 13

No events.

Week 14

No events.

Week 15

Managing Test Anxiety (On Campus LLSS128)

Finals are just around the corner!

Learn how to prepare for your mid- term exams and strategies for managing test anxiety.

- **Tuesday 12/3/2024 12:00-12:30 pm – Finding Your Confidence**
- **Wednesday 12/4/2024 12:00-12:30 pm – Prep Is the Best Cure for Anxiety**
- **Thursday 12/5/2024 12:00-12:30 pm – Controlling Your Anxiety**

Week 16

Finals Week.