

ORANGE COAST COLLEGE STUDENT HEALTH SERVICE

714-432-6858

MENTAL HEALTH REFERRALS

24 HOUR EMERGENCY HOTLINES (Thoughts of harming oneself or others)

NATIONAL SUICIDE PREVENTION LIFELINE

Call or Text 988
Spanish 888-628-9454
Deaf/Hard of Hearing 800-799-4889
suicidepreventionlifeline.org Online chat available

DIDI HIRSCH SUICIDE PREVENTION HOTLINE

877-727-4747 English/Spanish 24/7
Vietnamese/Korean 4:30pm-12:30am

SUICIDE HOTLINE OF SOUTHERN CALIFORNIA

714-894-4242 9am-9pm

VETERANS CRISIS LINE

800-273-8255 Press 1 or Text 838255

CRISIS TEXT LINE

Text "START" to 741741 crisistextline.org

WARM LINE

877-910-9276 M-F 9am-3am, Sat/Sun 10am-3am
namioc.org Online chat available

CALIFORNIA YOUTH CRISIS LINE

800-843-5200 calyouth.org Online chat available

CRISIS STABILIZATION UNIT (CSU)

1030 W. Warner, Santa Ana 714-834-6900

OC LINKS 855-625-4657

SOCIAL SERVICES REFERRALS 211

MENTAL HEALTH SERVICES

CASA DE LA FAMILIA

1650 E. 4th St, Ste 101, Santa Ana
213-413-7777 24 hour hotline
Low-cost therapy, Support groups

CATHOLIC CHARITIES COUNSELING CENTER

1800 E. 17th St, Santa Ana
714-347-9674 ccoc.org
Cal Fresh, Food Distribution, Immigration Info, Sliding

STRAIGHT TALK

3785 S Plaza Dr, Santa Ana
714-828-2000 Sliding scale, Individual, Couples, Families

CALIFORNIA FAMILY INSTITUTE

2900 Bristol Ave. Suite C-208, Costa Mesa
949-381-1510 Sliding scale

TURNING POINT CENTER FOR FAMILIES

3151 Airway Ave, Ste F206A, Costa Mesa
714-547-8111 Sliding scale, Individual, Couples, Families

FRANCIS SMITH CENTER FOR INDIVIDUAL & FAMILY THERAPY

501 W. Palm Ave, Orange (Corner N. Glassell & Palm Ave)
714-997-6746 Sliding scale (\$15-60)

LIVING SUCCESS CENTER

445 E 17th St, Stes D-E, Costa Mesa
949-645-4723 Sliding scale, Individuals, Families, Groups

MARIPOSA WOMEN'S CENTER

812 Town & Country Rd, Ste C, Orange
29222 Rancho Viejo Rd, San Juan Capistrano
714-547-6494 Sliding scale, Adolescents, Couples, Groups, Family & Women programs

MELINDA HOAG SMITH CENTER FOR HEALTHY LIVING

307 Placentia Ave, Suite 100B Newport Beach
949-764-6551 Adolescents, Couples, Groups, Spanish, Farsi, Food Distribution

PEPPERDINE COMMUNITY COUNSELING CENTER

18111 Von Karman, Ste 401, Irvine
949-223-2570 Sliding scale

REGIONAL MENTAL HEALTH TEAMS (All have 24 hour answering machines)

Sliding scale, Medications, Psychiatry

EAST COUNTY

1200 N. Main St, Ste 201, Santa Ana
714-480-6767 Vietnamese & Spanish

SOUTH COUNTY

5 Mareblu, 2nd Floor, Aliso Viejo 949-643-6901
23228 Madero, Mission Viejo 949-454-3940

NORTH COUNTY

2035 E. Ball Rd, #200, Anaheim
714-517-6300

WEST COUNTY

14140 Beach Blvd, #223, Westminster
714-896-7566

GAY & LESBIAN COMMUNITY SERVICES

THE LGBT CENTER ORANGE COUNTY

1605 N. Spurgeon St, Santa Ana
305 E. 4th St, Santa Ana
714-953-5428 lgbtcenteroc.org
Sliding scale for counseling, Free HIV testing

TREVOR LINE

24 hour Crisis Hotline for Youth (under 25)
866-488-7386
Chat: thetrevorproject.org Everyday 12-7pm
Text: 202-304-1200 M-F 12-7pm

ALCOHOL AND DRUG PROGRAM SERVICES

ALCOHOLICS ANONYMOUS

oc-aa.org

714-556-4555 Santa Ana
949-582-2697 Mission Viejo
714-773-4357 Fullerton

ADULT CHILDREN OF ALCOHOLICS

310-534-1815 adultchildren.org

AL-ANON/AL-A-TEEN

al-anon.org

714-748-1113 orangecountyalanon.org
Groups

COCAINE ANONYMOUS

949-650-1011 ca.org or occa.info

MARIJUANA ANONYMOUS

714-999-9409 marijuana-anonymous.org
12 Step

NARCOTICS ANONYMOUS

714-590-2388 na.org or orangecountyna.org

DOMESTIC VIOLENCE AND SEXUAL ASSAULT SERVICES

DOMESTIC VIOLENCE HOTLINE

800-799-7233 or 800-787-3224 (TDD)
ncadv.org or thehotline.org

HUMAN OPTIONS

1901 Newport Blvd, Ste 240, Costa Mesa
949-757-3635 humanoptions.org
877-854-3594 24 hour Hotline
For battered families, 30 day shelter, Counseling, Groups, Legal

RAPE CRISIS/SEXUAL ASSAULT 24 HR HOTLINE

714-957-2737 rainn.org

RESTRAINING ORDER

714-935-7956

OC CHILD ABUSE REGISTRY

24 hour Hotline to Report
714-940-1000 or 800-207-4464

NATIONAL CHILD ABUSE HOTLINE

800-422-4453 childhelp.org

INTERVAL HOUSE

714-891-8121 intervalhouse.org
Domestic violence/Human trafficking, Crisis, Counseling,
Legal, Shelter

WOMEN'S TRANSITIONAL LIVING CENTER

714-992-1931 wtlc.org
24 hour Bilingual Hotline: 877-531-5522
Domestic violence/Human trafficking, Counseling, Groups,
Legal, LGBTQ, Shelter

TWELVE STEP PROGRAMS

ADULT CHILDREN OF ALCOHOLICS

562-595-7831 adultchildren.org

CO-DEPENDENTS ANONYMOUS

socalcoda.org

NICOTINE ANONYMOUS

800-642-0666 nicotine-anonymous.org

OVEREATERS ANONYMOUS

505-891-2664 oa.org

SEXAHOLICS ANONYMOUS

310-491-8845 sasocal.org

SMART RECOVERY

866-951-5357 smartrecovery.org

TOPS (Take Off Pounds Sensibly)

800-932-8677 tops.org

OTHER RESOURCES

ELDER CARE SERVICE FINDER

800-677-1116 M-F 6am-5pm
eldercare.gov

HB YOUTH SHELTERS (Ages 11-17)

714-842-6600 cspinc.org

WISE PLACE FOR WOMEN

1411 N. Broadway, Santa Ana
714-542-3577 wiseplace.org
Shelter, Meals, Job Assistance

VICTIM WITNESS ASSISTANCE

714-834-4350

OMID INSTITUTE

ADD/ADHD Testing

949-502-4721