

ORANGE COAST COLLEGE STUDENT HEALTH CENTER

MH Scheduling Phone (Call/Text): 714-714-7715

MENTAL HEALTH REFERRALS

OCC SHC is not affiliated with any off-site facilities. Students are responsible for any fees for services rendered.

24 HOUR EMERGENCY HOTLINES (Thoughts of harming oneself or others)

NATIONAL SUICIDE PREVENTION LIFELINE

Call or Text 988

Spanish: 988

Deaf/Hard of Hearing: Dial 711 then 988

988lifeline.org (Online chat available)

DIDI HIRSCH SUICIDE PREVENTION HOTLINE

Korean 4:30pm-12:30am; 7 days a week 877-727-4747

Deaf/Hard of Hearing: Text "HEARME" to 839863

Teen Hotline & Disaster Distress Hotline available.

didihirsch.org (Online chat available)

VETERANS CRISIS LINE

988 Press 1 or Text 838255

veteranscrisisline.net (Online chat available)

CRISIS TEXT LINE

Text "HOME" to 741741 crisistextline.org

Text, Online Chat, & WhatsApp

OC WARM LINE

714-991-6412 Available 24/7. Call, Text

namioc.org/oc-warmline (Online chat available)

CALIFORNIA YOUTH CRISIS LINE

800-843-5200 calyouth.org (Online chat available)

CRISIS STABILIZATION UNIT (CSU)

1030 W. Warner, Santa Ana 714-834-6900

OC LINKS

855-625-4657 Available 24/7

ohealthinfo.com (Online chat available)

MENTAL HEALTH SERVICES

CASA DE LA FAMILIA

1650 E. 4th Street, Santa Ana

877-611-2272 | casadelafamilia.org | \$60-120

Support groups, Individual, Family, Group, Telehealth

STRAIGHT TALK

3785 S Plaza Dr, Santa Ana

714-828-2000 | straighttalkcounseling.org | \$25-65

Sliding scale, Individual, Couples, Families

MARIPOSA WOMEN & FAMILIES CENTER

1845 W Orangewood Ave. Suite 300. Orange

714-547-6494 | mariposacenter.org | \$45-90

Adolescents, Couples, Groups, Family & Women's programs

CALIFORNIA FAMILY INSTITUTE

2900 Bristol Ave. Suite C-208, Costa Mesa

949-381-1510 | californiafamilyinstitute.org | \$40-90

Appointments Mon-Sun. Individual, Couples, Family

FRANCIS SMITH CTR FOR INDIVID. & FAMILY THERAPY

501 W. Palm Ave, Orange (Corner N. Glassell & Palm Ave)

714-997-6746 | \$15-60

Medicare, Medicaid, Individual, Couples, Teens, & Children

LIVING SUCCESS CENTER

1560 Brookhollow Suite 216 Santa Ana

949-645-4723 | \$15+

Sliding scale, Individuals, Families, Groups

HOAG MENTAL HEALTH CENTER

307 Placentia Ave, Ste 100B, Newport Beach

949-764-6542 | Free for uninsured/underinsured

Adolescents, Couples, Groups, Spanish, Farsi, Food Distribution

IRVINE COMMUNITY COUNSELING CENTER

18111 Von Karman, Ste 401, Irvine

949-223-2500 | \$45 intake, \$25-95 continuing

Sliding scale, Online Services, English/Spanish

TURNING POINT CENTER FOR FAMILIES

3151 Airway Ave, Ste F206A, Costa Mesa

714-547-8111 | turningpointoc.org

\$50 intake, \$30+ continuing

Sliding scale, Individual, Couples, Families

REGIONAL MENTAL HEALTH TEAMS (All have 24 hour answering machines)

Sliding scale, Medications, Psychiatry

EAST COUNTY

401 Civic Center Dr. Suite 800. Santa Ana

714-480-6767

Pacific Asian Services & Hearing Impaired

SOUTH COUNTY

5 Mareblu, 2nd Floor, Aliso Viejo

949-643-6901

NORTH COUNTY

2035 E. Ball Rd, #200, Anaheim

714-517-6300

WEST COUNTY

14140 Beach Blvd, #223, Westminster

714-896-7566

LGBTQIA+ COMMUNITY SERVICES

THE LGBT CENTER ORANGE COUNTY

1605 N. Spurgeon St, Santa Ana
714-953-5428 | lgbtcenteroc.org Appointments Mon-Sun
Sliding scale Individual, Family & Group counseling, Free HIV
testing, Immigration services, Tobacco Cessation

TREVOR PROJECT

24 hour Crisis Hotline
866-488-7386
Chat: thetrevorproject.org
Text: 678-678

ALCOHOL AND DRUG PROGRAM SERVICES

ALCOHOLICS ANONYMOUS

714-556-4555 | Santa Ana
562-989-7697 | Long Beach
714-773-4357 | Fullerton

aa.org

COCAINE ANONYMOUS

949-650-1011 | ca.org or occa.info

MARIJUANA ANONYMOUS

657-345-4812 | marijuana-anonymous.org
12 Step

ADULT CHILDREN OF ALCOHOLICS

310-534-1815 | adultchildren.org

NARCOTICS ANONYMOUS

714-590-2388 | na.org or orangecountyna.org
800-333-3610 | www.southcoastareana.com

AL-ANON/AL-A-TEEN

714-748-1113 | orangecountyalanon.org
Groups

DOMESTIC VIOLENCE AND SEXUAL ASSAULT SERVICES

DOMESTIC VIOLENCE HOTLINE

800-799-7233 or 800-787-3224 (TTY)
Text "START" to 88788

OC CHILD ABUSE REGISTRY

24 hour Hotline to Report
714-940-1000 or 800-207-4464

HUMAN OPTIONS

5540 Trabuco Rd. Suite 100. Irvine
949-737-5242 humanoptions.org
877-854-3594 24 hour Hotline

NATIONAL CHILD ABUSE HOTLINE

800-422-4453 | childhelp.org

WAYMAKERS

1221 E. Dyer Rd. Suite 120. Santa Ana
949-250-0488 | waymakersoc.org
Shelter children/teens, Counseling

INTERVAL HOUSE

714-891-8121 | intervalhouse.org
Domestic violence/Human trafficking, Crisis, Counseling,
Legal, Shelter. Emergency Response Team, Over 70 Languages

RAPE CRISIS/SEXUAL ASSAULT 24 HR HOTLINE

800-656-4673 | rainn.org

WOMEN'S TRANSITIONAL LIVING CENTER

714-992-1931 | wtlc.org
24 hour Bilingual Hotline: 877-531-5522
Domestic violence/Human trafficking, Counseling, Groups,
Legal, LGBTQ, Shelter

RESTRAINING ORDER

714-935-7956

TWELVE STEP PROGRAMS

ADULT CHILDREN OF ALCOHOLICS

562-595-7831 adultchildren.org

CO-DEPENDENTS ANONYMOUS

888-444-2359 socialcoda.org

OVEREATERS ANONYMOUS

505-891-2664 oa.org

NICOTINE ANONYMOUS

800-642-0666 nicotine-anonymous.org

SEXAHOLICS ANONYMOUS

310-491-8845 sasocal.org

SMART RECOVERY

440-951-5357 smartrecovery.org

TOPS (Take Off Pounds Sensibly)

714-390-1865 tops.org

OTHER RESOURCES

ELDER CARE SERVICE FINDER

800-677-1116 | M-F 8am-9pm
eldercareaci.gov

WISE PLACE FOR WOMEN

1411 N. Broadway, Santa Ana
714-542-3577 | wiseplace.org
Shelter, Meals, Job Assistance

VICTIM WITNESS ASSISTANCE

714-834-4350

WAYMAKERS

949-250-0488
waymakers.org/sheltering-children

PSYCH ASSESSMENTS

OMID INSTITUTE-ADD/ADHD Testing

949-502-4721 | omidinstitute.org

ORANGE COUNTY PSYCHIATRISTS, PACIFIC NEUROPSYCHIATRIC SPECIALISTS

714-545-5550 | pnsoc.com
Multiple testing locations available
Some insurances accepted