

October is

Relationship Violence AWARENESS MONTH

• SURVIVORS DESERVE ACTION. •

This Relationship Violence Awareness Month, we move from awareness to action—uplifting survivors' voices, supporting their safety, and standing **with survivors, always.**

| MON., OCT. 5 | DOMESTIC VIOLENCE 101

- Watch Online • [Domestic Violence 101 Webinar](#)

Watch a recorded introductory webinar from the National Resource Center on Domestic Violence to learn about the dynamics, root causes, and impact of domestic violence, as well as ways to support survivors and be part of the solution.

| TUES., OCT. 6 | SPILL THE TITLE IX TEA-SDAYS

- 11 a.m.-12:30 p.m. • OCC Student Union, GWC LRC Lounge, CC Garden Grove 258/259

Join the Title IX Office for brain-tingling trivia to test your knowledge of various topics while enjoying boba tea.

| WED., OCT. 7 | BYSTANDER INTERVENTION

- Explore the Guide • [The 5Ds of Bystander Intervention](#)

Explore Right To Be's 5Ds of Bystander Intervention —Distract, Delegate, Document, Delay, and Direct—and learn practical strategies for safely responding to harassment and supporting those who may be impacted.

| THURS., OCT. 8 | HEALTHY RELATIONSHIPS ONLINE

- 2-3 p.m. • OCC Student Union 213, GWC LRC 250, CC Westminster/Le-Jao 217, and EndTab Zoom • [Zoom Link](#)

Join us for snacks and a discussion about healthy relationships. Dating and intimacy have gone digital, and core values like consent, empathy, boundaries, and reciprocity are consistently treated differently online. This underscores the need to reimagine healthy relationships education for our increasingly digital world. In this session, we will discuss these foundational topics in ways that are relatable to modern relationships and share sample discussion questions, conversation starters, and calls to action that students can immediately utilize in their digital lives.

| WED., OCT. 14 | HEALTH AND WELLNESS FAIR

- 11 a.m.-1 p.m. • GWC Goldie Square

Join us for GWC's Health Resource Fair and learn about campus resources and community organizations. Free lunch provided.

| THURS., OCT. 15 | WEAR PURPLE

You are encouraged to wear purple in recognition of those impacted by relationship violence and abuse. Purple is a national symbol of peace, courage, survival, and a commitment to ending domestic violence.

To participate, share a photo of yourself wearing purple and tag @coastline1, @orangeoastcollege, and @goldenwestcollege on Instagram.